

# Life Calibrations Counseling and Consulting

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## Foster Care and Adoption Related Topics Training Menu

Service Options	Length of Service	Cost of Service
Navigating Court Systems: Juvenile Dependency Court 101	2 hours	\$500
Understanding Sexual Safety with Victims of Trauma	2 hours	\$500
Cultural Awareness and Support for Blended Families (Interracial Adoptions)	2 hours	\$500
Techniques for Developing a Deeper Parent/Child Connection	2 hours	\$500
Understanding Trauma and Building Resilience in Youth	3 hours	\$750
The Power of Storytelling: Supporting development of a child's life narrative	3 hours	\$750
Foster Parent Burnout: Recognizing the Effects of Secondary Trauma	2 hours	\$500
"I don't know how I feel": Developing a rich feeling vocabulary and healthy self-expression with your child	2 hours	\$500
Basics of Individual Education Plan (IEP) Advocacy	1 hour	\$250
Stage of Social Development: How to support your child in social situations	1.5 hours	\$375
Individual Parent Support Session/Family Therapy/Child Individual Therapy	50 minute sessions	\$130- to take place at my therapy office only

\*For all trainings hosting agency is responsible for providing training space, copies for handouts, and any desired refreshments for the group.

\*Cost of Services includes preparation time and travel unless training location is more than 15 miles from Downtown Sacramento.

\*Trainings can also be developed specifically for an agency or group and length of service adjusted for availability and budget.

### **AREAS OF SPECIAZATION**

- ❖ Healing Children and Young Adults with Complex Trauma
- ❖ Foster Care and Adoption Systems
- ❖ Attachment and Bonding
- ❖ Play and Art Therapy Techniques
- ❖ Mindfulness Practice

### **SPECIALIZED CLINICAL EDUCATION**

- Nurtured Heart Approach Certified Trainer
- Theraplay Level 1 Practitioner
- Adoption Competency Certification
- Association of Play Therapy Continuing Education (over 60 hours)
  - In process of completing Play Therapy Certification
- Clinical Supervision for BBS Interns
- Brain Trauma and Developmental Impact
- Early Developmental Disorders Resulting from Abuse
- Transforming Aggressive and Violent Behavior
- Professional Assault Crisis Training (PROACT)
- Therapeutic Aggression Control Techniques (TACT)
- Therapeutic Crisis Intervention (TCI)
- SAFE Home study Assessments